

From Newport/Cardiff (M4/A449/A40)

1. Go through the Monmouth tunnels and take the first left turn onto the B4293, signposted Monmouth and Trelleck.
2. At the roundabout (garage on your left) – go straight ahead and through one set of traffic lights.
3. Go straight over the next roundabout (old bridge on your right).
4. Take the 2nd exit on the next roundabout and then turn left into Drybridge Park. The hospital will be on your right and Bridges is to your left.



From Ross (M5/M50/A40)

1. Go over the roundabout just before Monmouth but don't go into town. Instead follow the dual carriageway (A40) up towards the Monmouth tunnels.
2. Turn left before the tunnels, signposted Monmouth, Trelleck and Rockfield.
3. At the T junction, turn right.
4. At the roundabout (garage on your right), turn left and go through one set of traffic lights.
5. Go straight over the next roundabout (old bridge on your right).
6. Take the 2nd exit on the next roundabout and then turn left into Drybridge Park. The hospital will be on your right and Bridges is to your left.

From Chepstow/Wye Valley/Forest of Dean

1. Come into the outskirts of the town over the Wye Bridge.
2. Turn left onto the dual carriageway (A40)
3. Turn left before the tunnels, signposted Monmouth, Trelleck and Rockfield.
4. At the T junction, turn right.
5. At the roundabout (garage on your right), turn left and go through one set of traffic lights.
6. Go straight over the next roundabout (old bridge on your right).
7. Take the 2nd exit on the next roundabout and then turn left into Drybridge Park. The hospital will be on your right and Bridges is to your left.